#### SYCAMORE ROOM

(3-4 year old room)

Weeks of 24th November & 1st December 2025

### Our RHYME of the fortnight is:

Hickory Dickory Dock

Hickory dickory dock,
The mouse ran up the clock,
The clock struck one,
The mouse ran down,
Hickory dickory dock
Hickory dickory dock,
The mouse ran up the clock,
The clock struck two,
The mouse ran down,
Hickory dickory dock

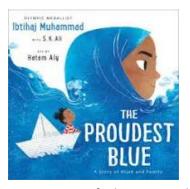


#### What to do at home together:

- Set up an exciting obstacle course inspired by the rhyme. Include tunnels, balance beams, and stepping stones for your child to navigate through while reciting the rhyme. Can they get all the way round it before the end of the verse?
- Create a mouse race track with numbered squares and race using mice puppets. It's a fantastic way to reinforce counting skills and encourage friendly competition. Organize multiple rounds with different challenges to keep the excitement going!
- Once familiar, experiment and play around with the words to make up your own rhyme.
- Watch and sing the rhyme together again after https://www.youtube.com/watch?v=fbaiPgzKah0

# Our BOOK of the fortnight is:

The Proudest Blue- Ibtihaj Muhammad with S.K Ali



Inspired by the experiences of Olympic medallist Ibtihaj Muhammad, this is a beautiful and powerful story about the bond shared between siblings and being proud of yourself and your beliefs. Helps children to discuss tolerance, respect and confidence. PHSE supports discussion on bullying and religious differences. Supports children to think about how people are the same yet different. Being proud of who you are.

#### How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Ask questions and talk about the book. What do they think will happen next?
   Why did a character act in a certain way? How are they feeling?
- Have fun! There's no right or wrong way to share a story as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices!

#### **ELM ROOM**

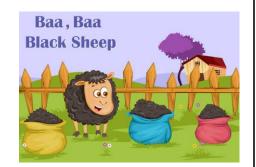
(2-3 year old room)

Weeks of 24th November & 1st December 2025

## Our RHYME of the fortnight is:

Baa Baa Black Sheep

Baa baa black sheep, have you any wool? Yes sir, yes sir, three bags full! One for the master, one for the dame,



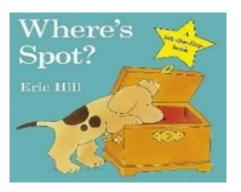
And one for the little boy who lives down the lane.

#### What to do at home together:

- You could ask your child what sound a sheep makes, what other animal sounds do they know?
- If you have a sheep, farm animals or small bags, pretend to share the wool with characters.
- Read a short book about sheep, Are all sheep the same colour?
- Where do sheep live? What could we make with wool?
- https://www.youtube.com/watch?v=ppo-BWS\_bio

## Our BOOK of the fortnight is:

Wheres Spot? Eric Hill



Talk about the design of the book such as flaps which encourage children to look at the pictures. Discuss places at home, positional language, animal names etc.

## How to get the most out of reading to young children:

- Be expressive!
- Picture books can be a great way to talk through your child's thoughts and worries, or to help them process their emotions. Give them space to talk, and ask how they feel about the situations in the story. Consider the feelings of the characters.
- Use props and toys to act out the story, either whilst you are reading it, or together afterwards.

#### WILLOW ROOM

(Under 2's room)

Weeks of 24<sup>th</sup> November & 1st December 2025

### Our RHYME of the fortnight is:

Twinkle Twinkle little star

Twinkle Twinkle, Little Star How I wonder what you are Up above the world so high Like a diamond in the sky Twinkle Twinkle Little Star How I wonder what you are! Twinkle Twinkle, Little Star How I wonder what you are Up above the world so high Like a diamond in the sky Twinkle Twinkle Little Star How I wonder what you are!

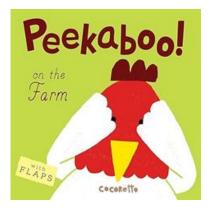


#### What to do at home together:

 Watch the video below and sing the rhyme together https://www.youtube.com/watch?v=jQUTSfQB6w0

### Our BOOK of the fortnight is:

Peekaboo on the Farm - Cocorette



Peekaboo! Who's hiding on the farm? Lift the flap to find out! Perfect for guessing, prediction and memory skills – and simply joining in!

#### How to get the most out of reading to young children:

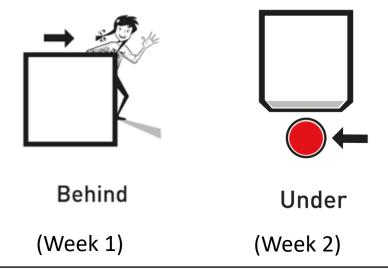
- Be expressive and show enjoyment
- Use facial expressions
- Emphasise key words
- Point to what you can see on the page

# Our Makaton signs this fortnight are:

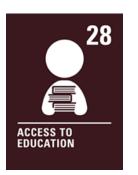


(Always remember to say the word as you sign)

# Our Concept Cat signs this fortnight are:



# Our UNICEF Right of the fortnight is:



Over the next two weeks, we will be exploring children's right to an education. The conversation will be provoked using a current news story about the first classroom to teach students without a teacher, relying on Al (artificial intelligence). Asking children about what they think a teacher does, the importance of this and what it would be like to be taught by Al will help to support dialogue around the importance of education.

#### Article 28

You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.



Lots more early years health information, activities and recipes can be found on the Startwell website:

https://startwellbirmingham.
co.uk/



Smiley Shen encourages us to keep our teeth clean and healthy.

- Brush teeth for two minutes, twice a day with a fluoride toothpaste (last thing at night before bed and on one other occasion)
- Clean all tooth surfaces and the gum line thoroughly. It should take around 2 minutes.
- Use an age appropriate tooth brush and fluoride containing toothpaste
- Do not rinse with lots of water after brushing, just spit out any excess toothpast.